

# “Shale Lands” Programs (Autumn - Winter 2011/2012)

## Introduction

“The schist villages: land of discovery”

“Web of emotions, made of history, religion, architecture, gastronomy, ecology, culture. In order to understand it, you must investigate how the villages were named, when the people were established there. You must pay attention to the fact that the popular architecture of there house´s, by itself, heritage. Then, meet the people, hear their stories, understand their beliefs (...) Look around at the pastures and walk the rock and green fields, where foxes, wild pigs and deer walk too. Check out the art engraved in stone, thousands of years ago. Look the every river for this place´s “portugality”. And keep each proof of this collective existence like a treasure”.\*

\*(Graft taken from the leaflet “The discovery starts here”, “Aldeias do Xisto”)

## Program 1

### Morning

- **Hiking:** “The miners route”, in “Barroca” village (Shist Village).
- **Thematic visit** to the “Center of interpretation of rock art”, “Barroca” village.
- **Lunch.**

### Afternoon

- **Rock climbing and rappel** at the “Penedo Barroco”.

## Program 2

### Morning

- **Hiking:** “The honey route”, “Bogas de Cima” village,
- **Thematic visit** to the “Honey house”, “Bogas de Cima” village.
- **Lunch.**

### Afternoon

- **Orienteering circuit** in “Janeiro de Cima” (Shist Village): “The linen secrets”.

## Program 3

### Morning

- **Hiking:** “The miners route”, in “Barroca” village (Shist Village).
- **Thematic visit** to the “Center of interpretation of rock art”, “Barroca” village.
- **Traditional lunch** in “Janeiro de Cima” (Shist village).

### Afternoon

- **Guided tour** to “Casa das Tecedeiras”, “Janeiro de Cima” (Shist Village).
- **Guided tour** to “Casa do Mel”, “Bogas de Cima”.
- **Guided tour** à “Casa do Cogumelo”, “Malhada Velha”.

## Contacts

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